



## Summit American Yak Wrap

by Kristin Omdahl

*Originally published in  
A Knitting Wrapsody,  
Interweave 2010*

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# SUMMIT AMERICAN YAK WRAP

KRISTIN OMDAHL

I DESIGNED THIS WRAP AS AN EXPERIMENT IN JOINING KNITTED LACE STRIPS to create a reversible rectangular wrap with arm openings. The two center strips are worked in three separate pieces to accommodate the armholes; the outside strips extend the full width of the wrap. The strips are joined in a method similar to a three-needle bind-off, but worked over two rows—the stitches are knitted together on the first row, then bound off on the second row. The wrap is finished with two types of edging—the first is worked in the round to form a border around the joined strips, the second is worked perpendicularly to the live stitches.

## GETTING STARTED

**FINISHED SIZE** About 22" (56 cm) wide and 58¼" (148 cm) long. Each small strip measures 3½" (9 cm) wide and 16¾" (42.5 cm) long; each large strip measures 3½" (9 cm) wide and 50¼" (127 cm) long.

**YARN** Sportweight (#2 Fine).

**Shown here:** Bijou Basin Ranch 50/50 Yak/Cormo Wool Blend (50% yak, 50% American cormo; 150 yd [137 m]/2 oz): Cream (A), 5 skeins; Heathered Gray Brown (B) 1 skein.

**NEEDLES** Size U.S. 7 (4.5 mm): straight, 32" (80 cm) circular (cir), and one double-pointed (dpn). *Adjust needle size if necessary to obtain the correct gauge.*

**NOTIONS** Markers (m); tapestry needle.

**GAUGE** 10½ stitches and 20 rows = 4" (10 cm) in lace pattern, after blocking.



## Notes

- A monochromatic wrap will require 6 skeins total.
- This lace-stitch pattern is reversible, not because the stitches are identical on both sides, but because there is an odd number of rows in the repeat—every other repeat has an opposite right side. Theoretically, you could add an additional row to any stitch pattern to make it reversible in this fashion.

## Stitch Guide

### Bobble (MB)

([K1, p1] 2 times, k1) in same st to make 5 sts, turn work, [k5, turn work] 3 times, k5tog—1 st.

### Short Strip (makes 6)

With A and straight needles, CO 44 sts.

**ROW 1:** K1, \*yo, k1; rep from \* to last st, k1—86 sts.

**ROW 2:** K1, purl to last st, k1.

**ROW 3:** K1, \*k2tog; rep from \* to last st, k1—44 sts rem.

**ROWS 4 AND 5:** K1, \*yo, k2tog; rep from \* to last st, k1.

**ROWS 6 AND 7:** Knit.

Rep Rows 1–7 once, then rep Rows 1–3 once more—piece measures about 3½" (9 cm) from CO. Use the yarnover method (see Glossary) to BO as foll: K1, \*yo k1, insert left needle tip into both yo and first st on right needle tip, and lift them over the last st on right needle; rep from \*. Fasten off last st.

### Long Strip (makes 2)

With A and straight needles, CO 132 sts.

**ROW 1:** K1, \*yo, k1; rep from \* to last st, k1—262 sts.

**ROW 2:** K1, purl to last st, k1.

**ROW 3:** K1, \*k2tog; rep from \* to last st, k1—132 sts rem.

**ROWS 4 AND 5:** K1, \*yo, k2 tog; rep from \* to last st, k1.

**ROWS 6 AND 7:** Knit.

Rep Rows 1–7 once, then rep Rows 1–3 once more—piece measures about 3½" (9 cm) from CO. BO as for short strip.

## Join Strips

**Notes:** For an element of color and design, join strips with B; for a more uniform look, join strips with A. Holding 2 strips tog, pick up and knit through the large holes formed by yarnovers in the BO row of both thick-nesses for the same number of stitches as were CO as foll.

### Join Two Short Strips (make 3 sets of 2 joined short strips)

**ROW 1:** Holding both strips together, pick up and knit 44 sts along CO edge.

**ROW 2:** Use the yarnover method to BO as foll: K1, \*yo, k1, use left needle tip to pick both the first knit st and yo over the other knit st and off the needles (1 st rem on right needle tip); rep from \*—1 st rem. Fasten off.

### Join Short-Strip Pairs to Long Strips

Following the schematic on page 3, work as foll:

**ROW 1:** Holding the edge of one short strip tog with the beg of a long strip, pick up and knit 44 sts, hold second short strip together with middle of same long strip with end next to end of first short strip, pick up and knit 44 sts, hold third short strip together with end of same long strip with end next to end of second short strip, pick up and knit 44 sts—132 sts total.

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**ROW 2:** Use the yarnover method to BO as before.  
Fasten off.  
Repeat Rows 1 and 2 to join the opposite side of the short strips to the second long strip.

## Finishing First Edging

*Note:* This edging is worked in garter stitch (alternate knit 1 rnd, purl 1 rnd); place a marker (m) before each corner st to remind you to work corner incs.

**RND 1:** With B, cir needle, RS facing, and beg at one corner, pick up and knit 12 sts along the short edge of each strip, 1 st in each join, 1 st in each corner, and 132 sts along the long side of each strip—370 sts total. Place marker (pm) and join for working in rnds.

**RND 2:** Purl.

**RND 3:** With A, k1, M1 (see Glossary), \*knit to 2 sts before corner m, M1, k1, slip marker (sl m), M1; rep from \* 2 more times, knit to end, M1—8 sts inc'd; 378 sts.

**RND 4:** Purl.

**RND 5:** With B, rep Rnd 3—386 sts.

**RND 6:** Purl.

**RND 7:** With A, Rep Rnd 3—394 sts



**RND 8:** Purl.

**RNDS 9–10:** Rep Rnds 5–6—402 sts.

## Second Edging

*Notes:* This edging is worked with a dpn perpendicularly to the live sts. At each corner, work 3 rows before joining to corner wrap st at end of 4th row, then work 3 rows before joining to next live wrap st at end of

fol 4th row.

**ROW 1:** With A and dpn, CO 7 sts.

**ROW 2:** K6, k2tog (last edge st and 1 wrap st). Notice that the wrap sts are a different color than the edging sts.

**ROW 3:** K3, yo, k4—8 sts.

**ROW 4:** K7, k2tog (last edge st and 1 wrap st).

**ROW 5:** K3, yo, k5—9 sts.

**ROW 6:** K8, k2tog (last edge st and 1 wrap st).

**ROW 7:** K3, yo, k6—10 sts.

**ROW 8:** K9, k2tog (last edge st and 1 wrap st).

**ROW 9:** K3, yo, k7—11 sts.

**ROW 10:** K10, k2tog (last edge st and 1 wrap st).

**ROW 11 (BOBBLE ROW):** K3, yo, k7, MB (see page 74).

**ROW 12:** BO 6 sts, k5, k2tog (last edge st and 1 wrap st)—6 sts rem.

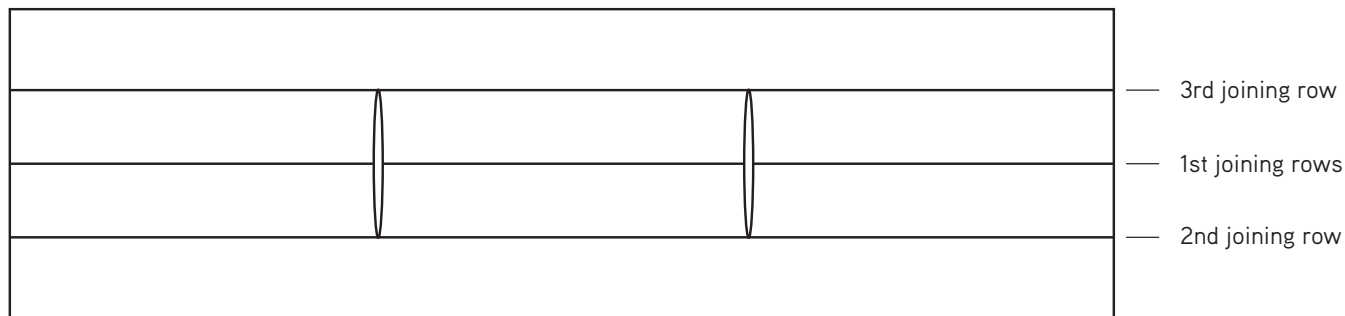
**ROW 13:** K3, yo, k3—7 sts.

**ROW 14–24:** Rep Rows 2–12 once.

Rep Rows 13–24 until all wrap st have been used. BO rem sts. Cut yarn, leaving a 20" (51 cm) tail. Thread tail on a tapestry needle and sew CO edge to BO edge.

Weave in loose ends. Wet-block and pin to finished measurements. Let air-dry completely before removing pins.

## Joining Diagram



For a solid rectangular wrap without sleeve openings, knit five long strips and join them accordingly. Knit and join only three long strips for a beautiful scarf.



## Short Rows: Wrapping a Stitch



Figure 1



Figure 2

Work to turn point, slip next stitch purlwise to right needle. Bring yarn to front (Figure 1). Slip same stitch back to left needle (Figure 2). Turn work and bring yarn in position for next stitch, wrapping the stitch as you do so. *Note:* Hide wraps in a knit stitch when right side of piece is worked in a knit stitch. Leave wrap if the purl stitch shows on right side. Hide wraps as follows: *Knit stitch:* On right side, work to just before wrapped stitch. Insert right needle from front, under the wrap from bottom up, and then into wrapped stitch as usual. Knit them together, making sure new stitch comes out under wrap. *Purl stitch:* On wrong side, work to just before wrapped stitch. Insert right needle from back, under wrap from bottom up, and put on left needle. Purl them together.

## Yarnover Bind-Off

The yarnover bind-off is extremely elastic and allows you to block and stretch your project without any restriction from the bind-off edge.

K1, \*yo, k1 (Figure 1), then lift the yo and the first st over the second st and off the needle (Figure 2) to BO 1 st; rep from \* for desired number of sts.

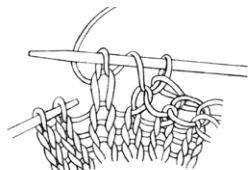


Figure 1

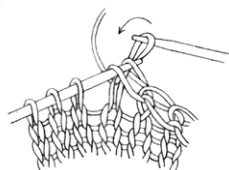


Figure 2

## Raised (M1) Increases

### Left Slant (M1L) and Standard M1



Figure 1



Figure 2

With left needle tip, lift strand between needles from front to back (Figure 1). Knit lifted loop through the back (Figure 2).

### Right Slant (M1R)



Figure 1



Figure 2

With left needle tip, lift strand between needles from back to front (Figure 1). Knit lifted loop through the front (Figure 2).

### Purlwise (M1P)



Figure 1



Figure 2

With left needle tip, lift strand between needles, from back to front (Figure 1). Purl lifted loop (Figure 2).

## Invisible (Provisional) Cast-On

Place a loose slipknot on needle held in your right hand. Hold waste yarn next to slipknot and around left thumb; hold working yarn over left index finger. \*Bring needle forward under waste yarn, over working yarn, grab a loop of working yarn (Figure 1), then bring needle to the front, over both yarns, and grab a second loop (Figure 2). Repeat from \*. When you're ready to work in the opposite direction, pick out waste yarn to expose live stitches.

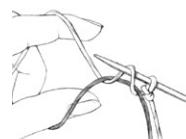


Figure 1

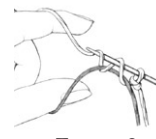


Figure 2





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